

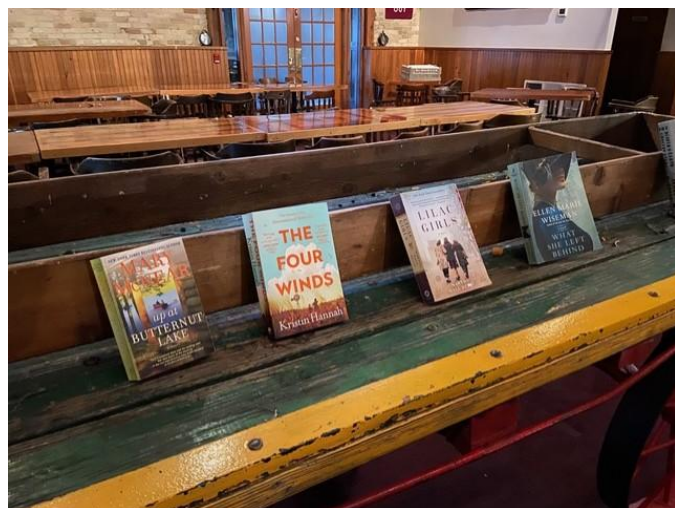
Alpha Omega News November 2024



Kathy Fuss, Mary Clark, Barb Albrechtson, Kathy Dressler, Cyndy Schaper
During the meeting



It was nice sitting as one big group.



Cards & Books that were for sale



This year we will be mentoring our new members so that they will enjoy being a member of Alpha Omega! We want them to enjoy our fellowship.

This year's new members are Sally Emerson and Mary Clark



All members are invited to send them a note of appreciation that they are a part of our organization.

Sally Emerson: emers4@mwt.net

Mary Clark: leoncm.55@gmail.com



Committees for 2024-2026

Communication/Marketing

Rox Fox, Joann Zigler

Membership

Terri Daley-Mack, Jackie Meyer, Mary Wetterling

Program Committee

Cyndy Schaper, Sally Emerson, Margaret Wood, Marilyn Arndt, Lois Holper

Scholarship

Priscilla Thibodeau, Pam Griffith, Terri Daley-Mack, Cyndy Schaper

Service/Charity

Terri Daley-Mack, Mary Clark, Cyndy Schaper, Deb Keller, Karen Weigel, Carol Egge, Lois Holper

Fundraising

Merry Kocar, Jean Wetzsteon, Joann Zigler

By-Laws/Rules

Rox Fox, Cyndy Schaper, Mary Swingle, Carol Nelson-Britten

Finance Committee

Jan Marson, Connie Albrechtson, Michele Cook

Nominations

Dottie Baumgartner, Kathy Dressler, Kathy Fuss



Officers for 2024-2026

President – Barb Albrechtson

Vice-President – Joann Zigler

Treasurer – Lois Holper

Corresponding Secretary – Roxanne Fox

Recording Secretary – Kathy Fuss



- Lucas Harro was not able to speak at our October meeting due to fracturing his leg. He felt really bad about not being able to speak at our event. Rox Fox sent him a card hoping for his speedy recovery and that we would like to have him back to speak again next year.
- Instead we had a fun activity to get to know each other instead of a speaker. We did “High, Low, Buffalo!” We were divided into four groups. Once in our group we introduced ourselves and then gave one **High** (the best thing that happened to them that week), one **Low** (something that made them upset or didn’t go their way), and a **Buffalo** (anything random they want to say!) Everyone seemed to enjoy the conversations and getting to know one another better.

Old Business

- Just a reminder to be recruiting new members.

New Business

- Thanks Cyndy Schaper and Rox Fox for being our greeters at the October meeting
- Kathy Dressler, Mary Clark and Jan Marson will be our greeters at our December 2nd meeting
- Thanks Carol Egge for taking photos at our October meeting
- Carol Nelson-Britten has volunteered to take photos at our December meeting
- Membership committee reported that we were working this year on retaining our members with fun activities throughout the year and also in continuing to recruit new members. We have two new members who will be initiated in April: Sarah J. Stuber and Kathy Lucey thanks to both Mary Wetterling and Jackie Meyer.
- Rox Fox has updated the bylaws and I have sent them out to the membership.
- At our August 2024 meeting it was asked that any member who has news about a fellow sister, who is experiencing a hospitalization, is very sick, or the death of a spouse, **partner**, child, parent or sibling, to please contact the Vice President Joann Zigler or President Barb Albrechtson. Therefore, no sister that is hurting will be missed. They, in turn, will contact the members on the schedule. **It was voted to change the by-laws to add “partner” to our above list.**
- The fundraising committee will be having a Rummage Sale at Mary Wetterling’s house the first weekend in May. Save your items for the sale. Be looking in the future for the sign-up for helping set up and/or working the event or both. The funds will go towards our teacher scholarship program.
- If anyone has something they would like to add in the newsletter such as a poem, statement etc. just let Barb Albrechtson know.



Remember YOU are the center of the reason for DKG!

The following is taken from “The Delta Kappa Gamma Bulletin Collegial Exchange” 2024 Volume 90-4 from the article “From the Editor The DKG Triad...”

**Relevance
Vitality
Sustainability**

Similar to “faith, hope, and love ... relevance, vitality and sustainability”...and the greatest of these is **relevance**. For me, the key to DKG relevance is captured in our Mission statement: “The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.” The relevance is the source of the organization’s vitality. **Relevance** is the linchpin and North Star that allows us to be “forward moving ever.”

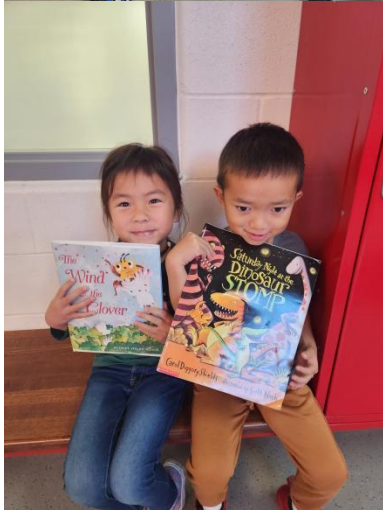


This note came from Louise Sedevie-Lawryn

I would like you to please share my thanks to the chapter for the beautiful rose delivered to me. Itty has brought much joy to me these days. I am doing fine and improving all the time—just needs time to heal the bones before being able to walk on it. Louise had surgery on her bunion and toes that are all crooked and hammered. The doctor says basically 4-6 weeks non weight bearing with 45 minutes out of every hour icing and elevating! She had surgery the week before our October meeting.

Thank you from Northside School

Thank you so much for the generous book donation to the children at Northside Elementary. The kids were very excited to get to pick a book to take home, as you can see by the happy faces in these pictures.



Thank you from Team Encouragers

Dear DKG sisters,

We are so grateful for the support of each of you for the team Encouragers in SteppinOutinPink'24. DKG donations totaling \$500 helped us raise \$4000 this year. Michelle Cook and Pam Griffith walked with us this year. We had 20 walkers on our team and our inflatable bats helped us locate each other. All money raised stays local for breast cancer research and support to patients. Thank you for your donations and consider joining us in 2025.

Jackie Meyer



Spotlight



Cyndy Schaper

Cyndy was initiated into the Alpha Omega Chapter April 24, 2008. She has earned a Master's degree with 36 plus graduate credits. Cyndy has taught special education in New York, Mississippi, Oklahoma, Holmen and La Crosse Wisconsin. She has also taught preschool in West Salem and elementary education at Franklin School for the La Crosse School District.

Cyndy is very involved with the Historical Societies of La Crosse, Onalaska and West Salem.

She makes a life by having fun! Her family and friends brings her joy. Cyndy's favorite color is turquoise which coincides with her guilty pleasure of buying turquoise jewelry. Her favorite memories are of traveling with friends. Cyndy's favorite splurge purchases are of original art. She is not able to live without her family and friends. Most people know that Cyndy is an open book.



Kathy Dressler

Kathy became a member of Alpha Omega Chapter DKG April 24, 2018. She received her Bachelor Music Education from University of Oshkosh. She then went on to get her Masters of Education Professional Development from the University of La Crosse. Kathy had done post graduate studies at the University of La Crosse, St. Mary's, and San Diego UCLA.

Kathy taught instrumental music for the La Crosse School District from 1982 through 2000. She then taught at FAIR School in Robbinsdale, Minnesota from 2000-2002. Kathy then taught at Waubonsie Valley High School from 2007-2010. She then moved back to the area and taught and was the orchestra director at Holmen High School from 2012 until she retired.

Her community service is Place of Grace through the Diocese of La Crosse.

Kathy was involved with a 3 year grant funded project in La Crosse – “Would a high frequency, high intensity delivery of the string program improve test scores.” The result of the project being “Yes.”

She has been published. Music Makes the Difference “When Strings May Serve As Lifelines” Published by Music Education National Conference.

Kathy's grandchildren give her great joy in her life. Her favorite color is blue and pale salmon. She has way too many memories that are her favorite. Kathy's guilty pleasure is chocolate. Her favorite splurges are unnecessary things for her grand kids. She could not live without her family and friends. Most people do not know that Kathy went to Italy for a string workshop for school. She would love to have lunch with Oprah Winfrey because of her respect for and devotion to education and philanthropy.



Our Holiday Gathering will be December 2nd at the Freight House. We will be having a Holiday Auction. Please bring an item that you have enjoyed but no longer need due to downsizing. It doesn't necessarily need to be Holiday themed. We also ask that you bring a check for \$15 made out to DKG. The funds raised from both the auction and \$15 donation, both go directly to our Teacher Scholarship fund. Tickets for the auction are \$20 for the length of your arms. Bring your gift unwrapped but in something that will help the winner take their prize home.

If you are not able to make the meeting please send a check to:

Lois Holper

1155 Oak Timber Dr.

Onalaska, WI 54650



- Trinity Clothes Closet

Need volunteers for putting away clothes at the clothes closet at predetermined times or helping people gather clothes on Mondays from 4-6. Deb Keller could do a training session for those who are interested in Late October.

Monday meals program is looking for about 12 people to cook and serve a takeout meal for those seeking a warm meal on a Monday or two. It could be 1 to 3 times throughout next year. There is someone who would train us. They typically serve about 200 in one night.

- The Aging and Disability Resource Center (ADRC) is looking for help to deliver meals to our seniors.
 *Days are flexible. Hours are from 10:30 am-12pm, Monday through Friday.
 *Mileage reimbursements monthly.
 *Help packaging meals also available at the various meal sites.
 Contact the ADRC at 608-785-5700 for more details.
 Check out their website
<https://www.lacrossecounty.org/adrc/get-involved/volunteer>
- New Life Resource Center
 Mt. Calvary Lutheran Church
 1602 Park Avenue
 La Crosse, WI. 54601
 608-785-2377
 Services offered:
 PRACTICAL ASSISTANCE TO NEW MOTHERS
 (Diapers, wipes, infant and toddler clothes to size 5T. Some baby equipment and furniture is available) All free of charge
 CRISIS PREGNANCY COUNSELING
 (24 hour hotline)
 COMMUNITY REFERRALS
 SPIRITUAL RESOURCES
- King Street Community Gardens
 Hunger Task Force of La Crosse
 Under the direction of the garden staff, hundreds of volunteers assist with planting, weeding, and harvesting each season. The garden is a proud recipient of funding from the City of La Crosse through a Community Development Block Grant (CDBG).
 Sign up through their website
<https://www.signupgenius.com/go/10C0944ACAE2DA0FFCE9-volunteer#/>

Current Volunteer Hours

Monday	8:00 am - 6:00 pm
Tuesday	8:00 am - 3:00 pm
Wednesday	8:00 am - 3:00 pm
Thursday	8:00 am - 6:00 pm
Friday	8:00 am - 3:00 pm
Saturday	8:00 am - 1:00 pm
Sunday	Closed

- theExchange
Shopping Assistant & Product Sorting
Transportation Team for deliveries and pick ups
Marketing & Social Media
Warehouse Assistant
Plus many more opportunities
Check out their website
<https://www.theexchangelacrosse.org/copy-of-give-stuff-1>



**Save your books as a fundraiser
For Alpha Omega
At our August meeting we raised \$12.00
Books not sold will go
for the Free Library
in memory of Claire Jandt
At Jandt-Fredrickson Funeral Home and Crematory**